

ESSENTIAL PILLARS FOR SOUL EMBODIMENT

THE INNER PATH



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Akashic Ascension Academy

www.miarenner.com

The more you work on the embodiment of your own Core Essence - your Soul/Higher frequency body intelligence - the greater the ability you awaken to your own **Spiritual/Creator Intellect**, to be guided from within the space time of that higher conscious mind intelligence rather than the socially conditioned ego mind that is rooted in limitation & a false sense of survival.

The more you work on the embodiment of your true CORE Essence - soul intelligence - the more you step fully & courageously into YOUR TRUE authentic self-expression, which sets in motion the natural ability to assert core values.

When you assert your core values, you gain a greater ability to actualise stronger healthier boundaries & know what it is you want out of life & how to fearlessly go get it! Healthy boundaries keep our energy intact.

As a result, the more inner peace you will have as the less empathically over sensitive you become, you learn to detach in healthy ways, & are better able to help & lift those around you without being drained of resources.

What are Core Values?

Our Core values are our own personal principals/ethics, you could even say our healthy positive character traits, what is important to us, what we strive to achieve that helps us to maintain inner integrity.

Examples such as:

kindness, reliable, loyal, thoughtfulness, freedom, sovereignty, independence, truthfulness, openness, honesty, financial freedom/independence, & so on.

When we know & apply our core values, we have a tendency to stand our ground & not allow ourselves to be compromised by shiny object syndrome, & other such egoic illusions.

THE INNER PATH - FUNDAMENTAL STEPS TO INNER ALCHEMY:

1. Acknowledge & address the root of your pains: avoid masking over them with temporary fixes that only serves to suppress rather than discharge the stuck energy. By temporary fixes I mean a false sense of positivity. While mindset is key to re-patterning the subconscious, it is important to acknowledge & address the pain in order to release & transform the energy.

2. Energy Clearing: removing all the negative inorganic implants/entity attachments/parasitic structures, distance yourself from toxic relationships, that may include family members, lovers, friends etc, liberate yourself from the subtle mind control programming - thats most of everything you have been taught by society/what you see in the news, so you may better discern what is your own pain & what has been inherited by way of thought projection & inherited belief systems that deep down you know are distorted.

3. Energy Mastery: daily energetic training to strengthen the spiritual immune system (SIS) & repair all the energetic field distortions within the Light Body structure (SIS). Examples: moving chi around your body with breath-work: Tai chi/qi gong, inner visualisations, micro cosmic orbit, expanding your bio field/heart torus, etc.
(This will accelerate step 2).

4. Meditation: start with just 10 – 20 mins. I recommend meditations that bring you in to a theta brainwave state – this will help to activate/develop the higher channels so you may create a clear channel of communication with your own inner Higher Self Intelligence (HSI) so you may awaken the intellect of this dormant aspect of you that has been ‘disconnected’ since early childhood, by design!

The more you commune with the HSI the more your ability to discern & read energy encryptions grows, & the more ‘immune’ you become to the illusionary mind control, & better able to repel energy vampires & the inorganic parasitic intrusions.

A healthy immune system can naturally repel pathogens, so a healthy SIS (spiritual immune system) is fundamental.

Step 4 will integrate steps 2 & 3 for a comprehensive & wholistic approach.

I offer all of this, & more, in my programs, with group healings & trainings.

My Embodied Healer Monthly Membership is a great area to start, at only £44 per month. Try it out with the first month at half price.

It is loaded with amazing content & powerful advanced healing activations, designed specifically for Healers & Spiritual Practitioners, so you may fully embody the transformation you desire.

The work is high frequency, so not suitable for beginners.

Here is the link to the info page: (Hit the JOIN NOW tab if it calls)

www.miarenner.com/akashic-academy

Apply code: 50OFF at checkout.



**FOR A FULL LIGHT BODY & DNA HEALING ACTIVATION, GAZE AT THIS IMAGE FOR 5 MINS, BREATHING DEEPLY, SETTING YOUR INTENTION TO RECEIVE THE HEALING ACTIVATION CODES
(image is infused with 12D Higher Light Codes)**

Hope you have enjoyed this little insight in to taking back your power & control of your own alchemy.

YOU ARE YOUR OWN HEALER/TEACHER/GURU.

Feel free to connect with me any time to arrange a free breakthrough/discovery call if you want to chat about working together & how I may help you.
I offer private trainings, or 1-2-1 akashic readings & healing mentoring.

My goal is to empower individuals by helping them to find their own inner elixir & be their own Healer. I offer structure, wisdom & guidance to those who need, as it is easy to get lost in the pain.

We each have our own needs & requirements based on the wounds we have gathered as a result of our past experiences.

I help guide you through any traumas & life blocks using my inner knowing & intuitive abilities, to see in your Soul Record what you maybe cannot see through your own pain.

Warmest blessings on your journey of self-discovery, as you return home to your TRUE Self.

With love

Mia

If you would like to experience an akashic reading & karmic clearing, or an implant/entity removal, go to my website to have a read through the info & book if called, or contact me for a chat if you need guidance.
See testimonials from previous participants.

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